TOBYHANNA

REPORTER

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TOBYHANNA ARMY DEPOT, TOBYHANNA, PA.

(www.tobyhanna.army.mil)

JUNE 8, 2011

News Notes

Morning news available online

Employees who miss the morning news broadcast can access the information via the intranet. There is a Tobyhanna Army Depot news widget on the depot's intranet page featuring the text of the morning news and other announcements broadcast via the public address system by members of the Public Affairs Office.

Chapel conducts services

The depot chapel conducts worship services every Sunday. A Bible study takes place at 10 a.m. followed by the service at 11 a.m. and a fellowship hour. For details, call X59689 or X58873.

Save the date

The depot's annual Employee Appreciation Day will be July 15 at the pavilion near Summerall Barracks. There will be refreshments, entertainment, games and activities throughout the day. Details will be published when available.

Show tickets on sale

Cirque de Soleil is coming to Mohegan Sun Arena on June 19. Tickets for the 1 p.m. show are \$22.50 and are available for purchase at the One Stop Shop. For more information, call X58851.

The American Idol Live Tour will perform at Mohegan Sun Arena, 7 p.m. on Aug. 21. The One Stop Shop is selling tickets for \$40. For details, call X58851.

Yankees honor local heroes

The Scranton/Wilkes-Barre Yankees will honor the military with a special game on July 23. Tobyhanna Army Depot will participate in the pregame celebrations honoring local heroes. Depot commander Col. Charles C. Gibson will throw the first pitch. Tickets cost \$5 each. Seating is in the Coor's Light Pavilion. Special discount and free tickets will be provided to military members and their families.

The One Stop Shop also has tickets for all Scranton/Wilkes-Barre Yankee home games. Seats are located in section 123, row L, seats one through eight. Tickets are \$7, a 50 percent discount from the gate price.

New laser blasts coatings, preps surfaces

by Jacqueline Boucher

Depot personnel are honing their skills on laser technology so sensitive that it can remove marks from paper without leaving a mark.

Hands-on training for Tobyhanna Army Depot's new 1,000-watt laser de-coating system is underway. The laser, which will be housed in the soon-to-be completed C4ISR Finishing Center, safely removes coatings and cleans a wide range of surfaces, including sensitive high-tech, non-metallic materials. It is a faster, more economical and environmentally friendly alternative to conventional blast and chemical stripping methods.

Once open, the C4ISR Finishing Center will expand and modernize the depot's capacity to repair, refinish and paint large, tactical Command, Control, Communications Computers, Intelligence, Surveillance and Reconnaissance (C4ISR) weapon systems maintained by Tobyhanna personnel for the U.S. military. The center will be a 78,000 square foot facility, with environmentally friendly and energy efficient features complementing state-of-the-art industrial equipment.

"The new laser system will be an excellent addition to the finishing center," said Howard Slinger, System Preparation Branch chief. "This high-tech tool removes coatings in less time and in a more efficient manner, enabling us to deliver quality assets back to the warfighter."

Benefits to the depot include a reduction in waste material, an annual direct labor cost savings of nearly \$300,000 and improvement on repair cycle time for a variety of systems that move through the C4ISR Refinishing Division.

It didn't take long for one sandblaster to realize this new system would be an asset to the Systems Integration and Support Directorate's arsenal of coating removal processes.

"This is very impressive technology," said Christopher Paulic, Component Preparation Branch, within 30 minutes of using the laser. "The laser is very efficient at paint removal and there is almost no hazardous waste generated by this process. This 'green'



Christopher Paulic, sandblaster, learns how to de-coat an antenna panel using Tobyhanna Army Depot's new 1,000-watt light laser. (Photo by Steve Grzezdzinski)

technology will also benefit the employee by providing a safer working environment."

Sandblaster John Harrison added that "adopting this technology will greatly reduce the repair cycle time for many assets that require refinishing at Tobyhanna."

Initial testing indicates that employees who currently spend hours chemically stripping paint from sensitive radios can look forward to spending about five minutes prepping them for repair using the laser.

"Some of the radios repaired here are encased in aluminum and sealed with a solder band. Before employees could repair the parts inside, they had to remove the paint from the band to de-solder it, then pull the casing apart," said Ron Scarnulis an industrial engineer for Productivity Improvement and Innovation Directorate's Industrial Modernization Division. "The

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Superior performance earns maintenance excellence award

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To the Colors

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Charts measure depot's performance

Page





A tribute to the Armed Forces

 $Above, To by hanna Sgt.\ Maj.\ Kelvin\ Spencer\ in\ a\ Humvee, led\ the\ To by hanna\ contingent\ in\ Scranton's\ annual\ Armed\ Forces\ Day$ Parade May 21. The vehicle is a Marine Corps asset used to support the AN/TPQ-46 Firefinder radar system. Right, veterans and spectators watch the parade from the side of the road. Also representing Tobyhanna in the parade were members of the Tobyhanna Veterans Council, Tobyhanna chapter of the Association of the United States Army, Tobyhanna children and youth services group, employees and retirees. Military technology on display included High Mobility Multipurpose Wheeled Vehicle's featuring Blue Force Tracking and Advanced Field Artillery Tactical Data systems. (Photos by Tony Medici)

WORD ON THE STREET

WHAT HEALTHY HABITS HAVE YOU ADOPTED TO IMPROVE YOUR QUALITY OF LIFE?



pounds in the fall of 2008 and was suffering from lower back pain so severe I could only stand for five minutes at a time. I became a certified CrossFit trainer in 2010 and am in the best shape of my life. I'm down to 175 pounds and still losing."

> Maj. Pete Mielo Industrial Risk Management Directorate



"I quit smoking 13 years ago on my birthday and it was the best thing I ever did for myself and my two children. Food tastes so much better and I'm able to exercise without getting out of breath. Plus, since quitting, I'm hardly ever sick anymore."

> **Erin Wilk Production Engineering Directorate**



"I can breathe easier since quitting smoking seven years ago — not to mention the money I save. My family has a history of high sugar and liver and kidney disease, so I cut down on foods high in fat and carbohydrates, and lost 65 pounds. My cholesterol went from 289 to 163 and everything else is within range.

> **Charles Cardimona Production Engineering Directorate**



"I began running two years ago and quit smoking seven years ago. The exercise helped me to significantly lower my stress level and I was able to run farther after quitting smoking. I ran my first marathon in November 2008."

> **Heather Fiedler** Community Services Directorate



"I bought a mountain bike that I ride to work and with fellow Soldiers around Tobyhanna Lake. I also play volleyball and am in the process of forming a softball team with Soldiers I work with and others who live on post."

Staff Sgt. David Gutierrez High Tech Regional Training Site-Maintenance



"After years of yo-yo dieting and feeling horrible, I found the only way to lose weight and feel better mentally and physically was to take care of my body. Each day, I eat several small healthy meals and participate in some form of physical activity. And, I never deprive myself of a lazy/cheat day for all my hard work."

> Michele Chwal **Community Services Directorate**

TOBYHANNA REPORTER

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The Tobyhanna Reporter staff can be reached by electronic mail using the following addresses:

Anthony Ricchiazzi@us.army.mil Jacqueline.Boucher@us.army.mil

Commander, Col. Charles C. Gibson Public Affairs Officer, Anthony Ricchiazzi Editor, Jacqueline Boucher Photographers, Anthony S. Medici, Steve Grzezdzinski



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TEAM **T**OBYHANNA **E**XCELLENCE IN

ELECTRONICS

Depot earns Army excellence in maintenance award

by Anthony Ricchiazzi **Public Affairs Officer**

Tobyhanna Army Depot has earned the top Army award for maintenance excellence in warfighter support.

Employees earned the 2010 Army Chief of Staff Combined Logistics Excellence Award (Depot Category) for, according to the award citation, "superior performance of duty in depot maintenance excellence resulting in improved combat readiness. Areas of special emphasis are mission accomplishment, effective resource management, innovative logistics management."

Specifically, the award was given for the depot's worldwide support of the Command Post Systems and Integration program, or CPS&I. The CPS&I mission is

to provide standardized mobile command posts for the warfighters from battalion to corps with equal capabilities, common systems, seamless operation and standard training requirements, providing a fully integrated and digitized physical infrastructure to enable battle command and achieve information dominance on the net-centric

Depot personnel sustain, reset, field and provide training on all CPS&I equipment for the headquarters of Army I Corps, III Corps, V Corps and XVIII Corps, plus 18 Divisions, 45 Brigade Combat Teams and 83 Modular Support Brigades. For the Army National Guard, the depot supports fielding to eight divisions and 22 Brigade Combat Teams and Support Brigades. No Active Army or National Guard Corps, Division, Brigade Combat Team or Support Brigade deploys without Tobyhanna Army Depotsupported CPS&I equipment.

CPS&I systems supported by the depot include the AN/ TSQ-232 and legacy Command Post Platform; the AN/ TSQ-243 Command Communication System; the AN/TSQ-259 Command Post Communications System; and the PU-822A/T Trailer Mounted Support System (TMSS) Medium and PU-824A/T TMSS Large.

Tobyhanna Army Depot has supported what is now the CPS&I program since fiscal 1988.

Depot commander Col. Charles C. Gibson was the first award recipient among 99 organizations recognized for outstanding contributions to the Army at a May 12 awards ceremony in Richmond, Va.

Gen. Peter Chiarelli, vice chief of staff of the Army; Lt. Gen. Mitchell Stevenson, deputy chief of staff of the Army for Logistics; and Sergeant Major of the Army Raymond Chandler recognized the winners for excellence in maintenance, deployment and supply operations.

Nineteen employees flew by Chinook helicopter to Richmond to witness Gibson receiving Tobyhanna's award from Stevenson, Chandler and Col. Clark LeMasters, commandant, Ordnance School and Chief of Ordnance.

"This award speaks volumes for the work we do here and I am proud to be a part of that," said Gene Metz, an engineering technician in the Production Engineering Directorate. "These are very competitive times. Our customers have a choice. We need to exceed their expectations for quality and value. I've been with the depot for over six years now. This is by far the best organization I've ever been a part of and I hope to see 20 more years

"I was and still am honored to have been given the opportunity to attend the ceremony," Metz added. "The very first award presented was to Tobyhanna Army Depot and Colonel Gibson. As further awards were given you could hear the ever increasing cries of "Hooah" from those



Award, depot category. (Photo by Anthony Ricchiazzi)

See AWARD on Page 8

Gates cautions against ending US support to mission in Libya

by Jim Garamone **American Forces Press Service**

SINGAPORE — If the United States unilaterally ended support to the NATO mission in Libya, it would have enormous and dangerous long-term consequences, Pentagon officials said June 3.

Defense Secretary Robert M. Gates is concerned over the prospect of Congress voting against continued U.S. support to the NATO mission in Libya, said Pentagon Press Secretary Geoff Morrell.

That would send an unhelpful message of disunity and uncertainty to our troops, our allies and, most importantly, the Gadhafi regime, Morrell said, adding that the secretary is particularly concerned about the impact such a move could have on U.S. relations with NATO allies.

As a key NATO partner, they have asked us to provide support, just like we have asked them over the years to support difficult operations in Afghanistan, he said.

The operation began in March with U.S., British and French naval and air forces launching attacks to prevent those loyal to Libyan dictator Moammar Gadhafi from continuing attacks in Libya. NATO took over command and U.S. forces now play a support role in the effort.

The U.S. military provides support to NATO forces, including air-to-air refueling; intelligence, surveillance and reconnaissance assets; and unmanned aerial vehicles. President Barack Obama said when he ordered American forces to support the mission that there would be no U.S. boots on the ground, and that is still the case.



AMC top enlisted visits depot

Therese Paxton, electronics mechanic, briefs Command Sgt. Maj. Jeffrey J. Mellinger, Army Materiel Command, on the Lightweight Counter Mortar Radar (LCMR) program process for system rotation testing in the anechoic test chamber. Mellinger toured Tobyhanna Army Depot mission facilities during a visit May 18. In addition to touring facilities, he also received the command perspectives briefing and was given a presentation in the Depot Maintenance of the Future Facility. LCMR systems are used to sense enemy mortar rounds and warn the force so they can respond to suppress or destroy the morars. Depot officials also gave Mellinger an overview of base operations. Tour stops included several community services-related facilities, such as military housing, the Child Development Center, Tobyhanna Villas and the Commisary. (Photo by Tony Medici)



America's Army: 'Strength of the Nation' for 236 years

ARLINGTON, Va. — War fighting and humanitarian assistance are just a few of the roles some 1 million members of the U.S. Army perform today, and have been for more than 200 years.

The Army celebrates its 236th birthday on June 14, and the milestone brings a full lineup of events to commemorate the many roles the Army fulfills.

"From the first battles at Lexington and Concord to the streets of Mosul and Kandahar, Soldiers have always defended freedom and epitomized what is best about America," said the Army's 37th Chief of Staff Gen. Martin E. Dempsey.

Dempsey said that as the Army moves forward, it will continue to be the strength of the nation.

"We will remain the nation's decisive force, the clearest symbol of America's commitment to freedom and the country's pre-eminent leadership experience,"

Sgt. Maj. of the Army Raymond Chandler

reminded everyone that while the Army celebrates, there are Soldiers still engaged in theater.

"As we celebrate our Army's birthday, remember that we still have more than 120,000 Soldiers in Afghanistan and Iraq," said Chandler. "Happy birthday to those who make the Army what it is today, the premier fighting force in the free world."

Congress created the Army June 14, 1775 and \$2 million was allocated to support forces positioned around New York and Boston. Congress also voted to bring forth a uniform set of rules and regulations to the newly formed Army, and authorized the formation of 10 companies of expert riflemen from Pennsylvania, Maryland, and Virginia, who would later become known as the 1st Continental Regiment.

Soldiers, family members and Army civilians all over the United States and overseas will mark the Army's 236th Birthday with celebrations of their own. (Army News Service)

LASER from Page 1

process was time consuming and generated waste....not anymore."

Employees are learning to use the light laser to complete tasks that are difficult or time consuming with other methods. For example, small crevices and other hard-toreach areas can be cleaned without chemicals or hours of hand sanding. Personnel are developing the skills to quickly prep surfaces for weld inspections and to remove substances such as oxide from carbon steel, titanium, magnesium, and aluminum, and thermal stains, flash rust, oil and grease.

The system produces a pulsed scanning light beam and features scan width adjustment from 80mm to 2mm. The handheld laser device, connected to the power unit by a flexible 30-foot fiberoptic cable, immediately captures vaporized residues with a powerful vacuum and filter unit.

"Any vapors or fumes that come off the items are captured and go through a triple-stage filtration system," said Scarnulis, explaining that once cleaned, the air is released back into the room. "This is a much cleaner way to do business."

Training instructors like the laser process because it will eliminate large quantities of residual wastes accumulated during conventional methods, and save time on a lot of the paint removal

processes. In addition, employees will be expected to wear less Personal Protective Equipment (PPE) while operating the laser.

The only PPE required by the user is a pair of goggles, which makes it a lot easier for the employee on the floor to perform tasks of coating removal, according to David Jurosky, training instructor in the Business Management Directorate's Technical Development Division.

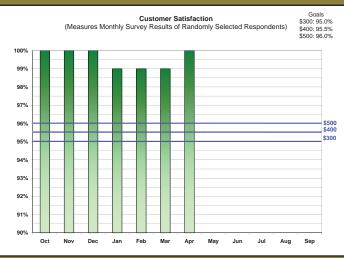
"We believe the operation will be both safe and productive for the work force," said Noah Stagliano, health physicist in the Safety Division. "Safety controls have been incorporated into the device and this office [Safety Division] has imposed additional controls on the operators." For instance, operators will be enrolled in the Laser Medical Surveillance Program and have the task added to their Job Hazard Analysis, he noted.

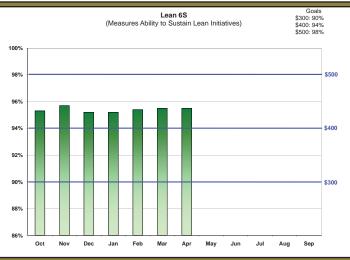


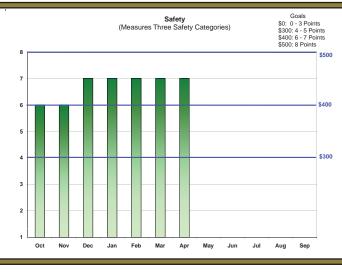
John Harrison, sandblaster, demonstrates how the handheld laser device, connected to the power unit (left) by a flexible fiber-optic cable, captures vaporized residues with a powerful vacuum and three-stage filter system (right). (Photo by Steve Grzezdzinski)

DEPOT PERFORMANCE IN KEY AREAS

Based on April data, the current projected payout is \$1,800. The employee payout award is based on performance in four areas rather than just the depot's financial performance as defined by the annual Net Operating Result (NOR). The amounts depicted in the charts represent a "projected payout" based on the depot standing against the stretch goals. Each of the four metrics has a payout potential of \$500 for a potential maximum payout of \$2,000. The final award amount will be determined by the cumulative status in each of the four areas at the end of the fiscal year. Monthly updates will be published in the Tobyhanna Reporter.









Traditions show respect for flag

Military ceremonies and the playing of the National Anthem provide opportunities for all personnel to pay respect to the flag, preserve traditions and stimulate esprit de

Depot ceremonies include the daily

observance of Reveille and Retreat at 6 a.m. and 5 p.m. respectively.

When the first note of Reveille or Retreat sounds, military members civilians, when outdoors, should stop their activities and face the flag. If the flag is not visible, face the direction of the music.

Flag Day June 14

Military members in

uniform will come to attention and execute a hand salute at the start of Reveille. Everyone not in uniform will stand at attention with their right hand over their heart. Veterans have the option of saluting or placing their hand over their heart.

Men out of uniform will remove and hold their hats with their right hand while placing the hand over their heart. Once the music stops, resume normal movement.

When Retreat sounds, military members in uniform will come to the position of parade rest. As the first note of "To the Colors" sounds, all personnel will come to attention, render a salute or place a hand over the heart until the music stops.

"To the Colors" is the ceremonial music which follows Retreat.

Follow the same procedures any time the national anthem is played.

All vehicle movement must stop. Drivers will turn off the ignition if the vehicle makes loud noises, exit and execute proper courtesy to the flag as described. Security will control the movement of traffic during these ceremonies.

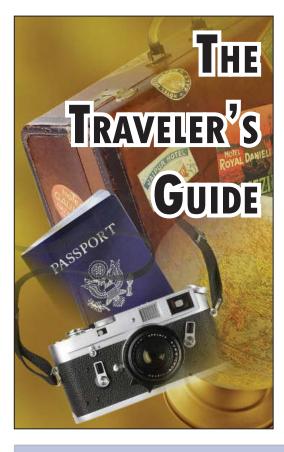
Other flag protocol procedures:

- · Never use the flag as a decoration; use
- During a parade, salute the flag when it is six paces from you, and hold it until the flag has passed six paces beyond.
- When carrying the flag, hold it at a slight angle from your body, or carry it with one hand and rest it on your right shoulder.
- When displaying the flag outdoors on a building, hang it on a staff or rope over the sidewalk, stars away from the building.
- To display the flag in a window, hang it vertically, stars to the left of anyone looking at it from the street.
- To display the flag in a hall or lobby, hang it vertically across the main entrance, stars to the left of anyone coming through the door.
- Hang the flag above any other flags on the same pole.
- The flag at half staff is a sign of mourning. Raise the flag to the top of the pole then lower it to the halfway point. Before lowering the flag, raise it to the top again at the end of the day.



Employees troubleshoot transmitters

Above, Jeremy Stec, electronics mechanic, troubleshoots a receiver transmitter. The transmitter, part of an AN/VPQ-1 Tactical Radar Threat Generator, is used to simulate anti-aircraft artillery and surface-to-air missiles. Together, the electronic warfare system provides realistic aircrew training used in various warfare exercises. Stec, along with three other mechanics, repairs more than five AN/VPQ-1 units per year. Upon completion, the units are shipped out for worldwide use by the Air Force, Army and Navy. Stec works in the Intelligence, Surveillance and Reconnaissance Directorate's Threat Emitter Systems Branch. (Photo by Steve Grzezdzinski)



Money management

All deployments are processed in the Defense Travel System (DTS). Expenses such as air fare, hotel, car rental, limousine and costs incurred at the U.S. Army Corps of Engineers Deployment Center (UDC) will be charged to the traveler's government travel credit card and paid through DTS on the first scheduled partial payment. Personnel will be reimbursed the incidental portion of per diem [\$3.50 daily] with an electronic funds transfer every 30 days.

The scheduled partial payment for ATM withdrawals or advances is paid with an electronic funds transfer directly to the traveler.

It is the traveler's responsibility to pay their government travel credit card. Travelers must file a final voucher at the end of the deployment.

Deployments started outside the Defense Travel System before October 2010 will be completed outside of the Defense Travel System.

Airline fees for upgrades

The cost of a premium airline seat is not a reimbursable expense. Some airlines are charging extra for an aisle seat, larger seat or a seat in front of the cabin. The choice to pay extra is personal and not a government requirement.

Rental car changes

According to the new U.S. Government Rental Car Agreement, travelers are prohibited from paying damage/accident charges with a Government Travel Charge Card. In addition, personnel on official travel must ensure the government rate and the Government Administrative Rate Supplement (GARS) are applied to all rental car transactions. A daily, mandatory \$5 GARS fee is charged to cover costs incurred by a rental car company, which are unique to doing business with the government. Government rates for hybrid vehicles are available.

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CUSTOMER SERVICE DESK



WELCOME TO THE DEPOT

Name	Title	Organization
Dominique Sandoval	HR specialist	CPAC
Brian Wert	IT specialist	D/Comm Sys
	STEP	
William Brown	Machine tool operator	D/SIS
Louis Cordi	Machine tool operator	D/SIS
Clayton Marr	Machine tool operator	D/SIS
Omar Oregel	Machine tool operator	D/SIS
	SCEP	
Justin Eimers	Editorial assistant	Command Group

GREEN BELT RECIPIENT

Eric Dial
earned a
Green Belt
certificate for
his successful
work improving
inventory,
waste and time
management.



Dial

He is a process improvement specialist in the Productivity Improvement and Innovation Directorate's Process Improvement Division.

Dial developed a project to reduce travel time in the AN/ASM-146 and 147 Electronic Shop Van build-up area. To accomplish this, a team implemented the use of hardware trees and process toolboxes, providing a 56 percent reduction in travel distance to build each shelter.

"The end result allowed the employee to walk a short distance, in one trip, and retrieve all the parts they need to do their work for the day," said Dial. He calls this a "Supermarket Pick System" that reduced employee travel distance from 10,231 feet to 4,516 feet.

Dial's project increased the accessibility of inventory while ensuring it can be easily tracked.

Throughout the event, the team stressed three Lean concepts: eliminating waste, communicating key metrics and treating each other with respect. "Lean is here to stay," he said. "As long as we keep those three things in mind we can't go wrong."

Dial said he is honored by the achievement and recognized his team's effort in making the project a success.

"The team embraced ideas and came with an open mind towards change," he said. "To this day, the shop continues to evolve and grow, bringing solutions to the problems facing us all at Tobyhanna."

New Division Chief

William Stephens is chief of the East/Europe Division, Field Logistics Support Directorate.

As chief, he supervises employees who are responsible for overseeing, planning, managing and directing activities at locations around the world.



Stephens

Granville

Prior to his current assignment, Stephens worked as a deputy support operations officer for the Sustainment Battalion in Iraq. He began his career at Tobyhanna in April.

In 2005, Stephens retired from the Army as a first sergeant after serving 23 years as a Patriot crewmember and Hawk radar repairer. During his career he served as the chief instructor for the Patriot Maintenance Division, Fort Bliss, Texas; battalion intelligence officer, 1-43rd Air Defense Artillery (ADA) Battalion, Republic of Korea and

Hawk/Patriot NATO evaluator for the 6-52nd and 5-7th ADA battalions in Wurzburg and Hanau, Germany.

His awards and decorations include the Defense of Freedom Medal, Meritorious Civilian Service Medal, Army Meritorious Service Medal, Army Commendation Medal, Army Achievement Medal, Secretary of Defense Global War on Terrorism Medal, Southwest Asia Campaign Medal, Liberation of Kuwait Medal, National Defense Service Medal and the German Sports Badge.

Stephens is a 1981graduate of Jones High School in Orlando, Fla. In 2008, he earned a Bachelor of Science degree in management from Park University in Fort Bliss, Texas. He is working toward a master's degree from Webster University.

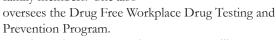
He is a member of the Restoration Community Church, El Paso, Texas.

His hobbies include sports, politics, electronics and spending time with family.

New Program Manager

Eva Granville is the manager of the Army Substance Abuse/Employee Assistance Program.

As manager, she provides employee assistance screening referral and follow-up services to depot employees and their family members. She also



Prior to her current assignment, Granville worked as Army Community Services (ACS) program coordinator in the Community Services Directorate's Family Services Division. She began her career at Tobyhanna in June 2009.

During her 22-year career as an Army civilian, she has served as the Financial Readiness Program Manager, Family Services Program Manager, Volunteer Coordinator and Army Emergency Relief Officer at Fort Eustis, Va. She also served as the ACS director and Installations Family Advocacy/ Exception Family Member Program Manager at Fort Monroe, Va.

Granville's commendations include the 2001 Department of the Army (DA) Civilian of the Year, ACS Sterling Performance, and two DA Achievement Medals for Civilian Service awards.

She is a 1982 graduate of Carbondale Area Junior/Senior High School. Granville earned a bachelor's degree in Social Work from Marywood University in 1986, a Master of Arts degree in social work from Columbus University, Miss., in 2003 and is working toward a doctorate degree in social work.

Granville is a member of St. Rose Church in Carbondale and enjoys volunteering, painting and home decorating.







Memorial Day — A time for remembrance, thanksgiving

Right, Tom Salek, an Air Force veteran, and Toya King–John, Army veteran, place a wreath during Tobyhanna Army Depot's Memorial Day observance ceremony on May 25. The wreath symbolizes remembrance of the nation's war dead. Dolores Strauss, Army civilian, and Linda Sablan, Air Force veteran, placed a wreath honoring veterans. A wreath honoring deceased Tobyhanna Army Depot employees and their family members was placed by depot commander Col. Charles C. Gibson and Tony Ferreira, a Navy veteran and president of American Federation of Government Employees

Local 1647. Joe Lilik, a Marine Corps veteran, read the names of employees who died last year as that wreath was placed. Gibson and Les Sharp of the Tobyhanna Veteran's Council gave remarks. A detail of depot police officers led by Lt. Jim Vones provided a rifle volley salute to all those honored and Shelly Sherman, left, played Taps to close the event. Soldiers, center, assigned to the High Tech Regional Training Site–Maintenance, located at the depot, served as the Color Guard. (Photos by Tony Medici)



Spouses get spa treatment

Clockwise from left, Blanca Estrada sits for a massage during a Spa Day event May 11 at The **Landing during Military Spouse Appreciation** Day. Fifty-six people attended the fifth annual event, including Sheila Lee getting a manicure and Danielle Gutierrez receiving a skin care treatment.

"It feels really good to be recognized for all our hard work, holding down the home front," said Estrada. Attendees were offered free massages, paraffin wax treatments, skin care consults and stress management consultations by local businesses. Lunch was provided by the **Community Services Directorate.**

"We believe our show of appreciation is unique because we partner with local businesses to provide complimentary services to our spouses," said Nicole Nelson, social service representative, Family Services Division. (Photo by Tony Medici)





CAREER MILESTONE



From left, depot commander Col. Charles C. Gibson, Robert Blaskiewicz, Edward Gayz, Robert Meshinski, Stuart Olver, Alfred Fiume and depot Sgt. Maj. Kelvin Spencer attend the Length of Service ceremony held May 25.

Five Tobyhanna employees were recognized for their years of government service during the May 25 Length of Service Ceremony.

Edward Gayz — 30 years, mail clerk, Administrative Support Division, Information Management Directorate.

Robert Blaskiewicz — 30 years, Defense Logistics Agency Document Services-Tobyhanna.

Robert Meshinski — 30 years, electronics mechanic, Tactical Missile Division, Command, Control and Computer Systems (C3)/ Avionics Directorate.

Stuart Olver — 30 years, electronics worker, Tactical Communications Division, Communication Systems (CS)

Alfred Fiume — 30 years, electronics mechanic supervisor, Tactical Communications Division, CS Directorate.

In addition to service certificates and pins, employees with 30 years of service received a framed American Flag that includes a photo of the depot signed by their coworkers.

Honorees who attend their Length of Service Ceremony also receive a four-hour time-off award. Depot commander Col. Charles C. Gibson and depot Sgt. Maj. Kelvin Spencer presented the awards.

COMMUNITY BULLETIN

Editor's Note: The Community Bulletin provides an avenue for depot and tenant employees to advertise van or car pools, and for-sale items. Money making items such as rentals and personal business will not be accepted.

Information must be submitted via e-mail to Jacqueline.Boucher@ us.army.mil, or written items can be mailed to the Public Affairs Office, mail stop 5076.

Submissions must include a name and telephone extension. Only home phone numbers will be published in the Trading Post section. Voluntary submission of items constitutes individual's consent to publish personal information in all versions of the Tobyhanna Reporter.

Ads will be published in four consecutive newspapers. It is the customer's responsibility to update or renew items listed in the Community Bulletin.

For information, call Jacqueline Boucher, X58073.



VAN/CAR POOLS

Nanticoke: 1 opening, van pool, house-to-house or will meet, 5/4/9 shift, starts at 7 a.m., call Chuck Bartleson, X58627 or 762-4518.

Dupont, Avoca, Moosic: 1 opening, van, 7 a.m. to 3:30 p.m., call Janice, X56269.

Exeter: 3 openings, new van pool, starting in August, 7 a.m.-3:30 p.m., pick up locations in Exeter, West Pittston and Pittston Plaza, call Rick Switzer, X58633.

Binghamton, N.Y.: 3 openings, 5/4/9, first RDO, nonsmoking, "A" placard, travels I-80, contact Jo, X57631 or Johanna.collenburg@us.army.mil.

Hawley, Hamlin, Sterling: 1 opening, 5/4/9, both Fridays,

nonsmoking, travels on Routes 590 and 196, contact Bruce Lassley, X56724, bruce.lassley@us.army.mil or Tim Wormuth, tim.wormuth@us.army.mil.

Northampton, Wind Gap: 2 openings, 7 passengers, 7:30 a.m. to 4 p.m., Monday-Friday, nonsmoking, "A" placard, call Eric, X55871 or Frank, X59030.

New Jersey, Water Gap, Stroudsburg: 2 openings, new van pool, travels Interstate 80, any New Jersey/eastern PA worker, call Robin, X57345 for details regarding pick up points.



TRADING POST

Vehicle: 1996 Chevrolet Lumina, 3.1L, automatic, 111,000 miles, clean car fax, maintained, clean and dependable, \$2,600, call Jeff, 876-1353.

Motorcycles: 2 Yamaha, 2005 Classic, 300 miles, lots of chrome, like new, \$3,700 and a 2006 Custom, \$3,800, or \$7,000 for both, call Robert, 269-2466.

Puppies: Olde English Bulldogge puppies, born April 30, available June 25, CKC registered, 5 black/white (3M-2F), 3 white (2M-1F), 2 "blue" (1M-1F), all have tails docked and dewclaws removed, they will have vaccinations and deworming prior to going to new homes, contact Linda, 977-3009 or audett1@gmail.com for pricing and availability.

Bicycles: Mountain bike, TREK Fuel EX5, Lg/19.5 inches/49.5 cm, asking \$1,050 OBO, and a Lemond Buenos Aries 53 cm, carbon frame/fork, road bike, \$1,150 OBO, call Brian, 610-577-5715.

Washer, dryer: GE, Energy Star, electric, white, 7 years old, good working condition, \$75 for pair, call Frank, 843-6037. Vehicle: 2002 Volkswagon Passat, 4-door sedan, 49,000 miles, blue/silver color, automatic, sun roof, 1.8L turbo, AC, asking \$7,000, call 344-2981.

Truck cap: Continental Mark IV fiberglass truck cap, burgundy, slider front window, tinted sliding side windows w/screens, fits Ford F-150 Sport, 61/2 foot box, 1997-2003, asking \$300, call Eric, 470-0795.

House: 3 bedroom, 2 bath, assumable mortgage for \$5,000 with good credit, in secure gated Bushkill community, many amenities on site and located within miles of horseback riding, alpine skiing, golfing, and flea market, call 495-1054.

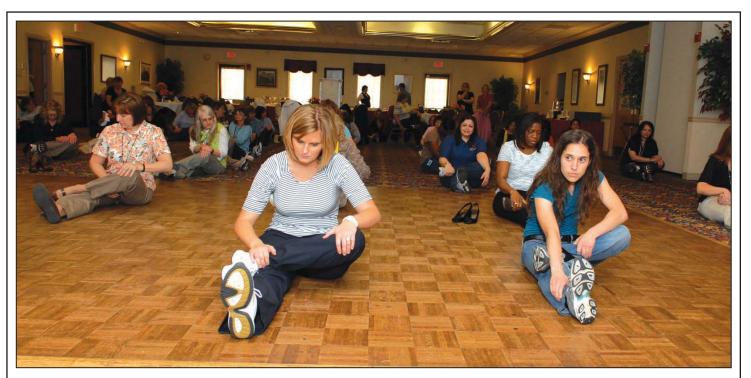
Truck cap: A.R.E. truck cap, navy blue, for 1997-2003 Ford F-150 extended cab, V series for 6 1/2-foot short bed truck, 23 inches high, 36-inch door clearance, tilt down front window, sliding front window, 12-volt dome light/outside brake light, single T-lock, heavy-duty rear door with gas props, ½ slider side windows with screens, fiberglass construction, stock unfinished interior, dark tinted glass, asking \$250, call Ed ad

Misc items: Sears Kenmore refrigerator, Model 253 (part #68972), purchased in 2008 for \$620, Energy Star rated (383 KWH/\$41 per year), used 1 year, 8 months, asking \$150; queen-size mattress, Stearns and Foster, \$20 and Soloflex classic muscle machine, attachments include butterfly, leg extension, pull up bar, bands, missing stabilizer bar, \$100, call Stanley, 562-371-5054.

Golf clubs: Ram Rhythm clubs, complete set includes driver, 3W, 5W, 3 & 4 hybrids, irons 5-PW, and putter, asking \$125,

Puppies: 5 Pit Bulls, born Nov. 15, asking \$100, call 894-

Furniture: 2 oak dressers, one with carved mirror, asking \$150 with mirror, \$100 without mirror, call Wayne, 894-1483.



Stretching the limit

Above, about 75 people perform stretching exercises during a wellness-themed luncheon May 19 at The Landing. The event was part of an initiative by the Tobyhanna Women's Club, the Safety Division, and the U.S. Army Health Clinic to instruct and inform employees about proper diet and exercise. "The purpose of the class was to teach employees some basic stretching exercises using exercise bands," said Janine Yablonski, industrial hygienist. Right, Brian Dietrich leads the fitness workshop demonstrating exercises that emphasize resistance training, strengthening muscles and improving flexibility. Dietrich is a security guard in the Industrial Risk Management Directorate's Security Division. "Many of the exercises could be done at your desk throughout the day," said Paulette Vadovsky, information technology specialist, Information Management Directorate. After the fitness program, Dr. Kaberi-Otarod of the Community Medical Center's Nutrition Clinic spoke on the importance of the food pyramid and reading food labels. Those who took part were also offered a free body fat analysis and blood pressure screening. For more information on this or future events, call Eileen Rizzo, X57336, or Denise Hawk, X57169. (Photos by Tony Medici)



Day of Caring event seeks volunteers

The United Way of Lackawanna and Wayne counties will hold the 17th annual community-wide Day of Caring event on Sept.1. The United Way of Monroe County will also conduct its 16th annual Day of Caring on Sept. 23.

Those planning to participate in either event can contact John Ross, X57581, or john.j.ross@ us.army.mil by July 30.

Volunteers throughout the community perform various volunteer service projects for the benefit of United Way participating organizations and other non-profit organizations.

Last year over 3,000 volunteers representing over 150 local businesses in Lackawanna, Wayne and Monroe counties participated in Day of Caring.

AWARD from Page 3 –

in attendance. I regret that we didn't make some noise as well. It was truly an awesome experience."

"The award means that we're effectively supporting the warfighter on this program (CPS&I)," said Ben Bray, a management analyst in the Business Management Directorate. "If the depot's vision is to be the DoD C4ISR Logistics Support Center of Choice for Warfighter Readiness and Transformation, then this is a testament to that becoming a reality. Every person I spoke to about the CPS&I program exuded a genuine passion for what they do and why they do it; you can't buy or teach that."

"It was an honor to be part of the depot cheering section!" said John O'Brien, an electronics equipment specialist in the Command, Control, Computers/Avionics Directorate. "Lots of stars and bars down there and once again it was Tobyhanna Army Depot with very positive recognition.

"Tobyhanna has a worldwide presence and we have a great name out there among the customers and troops we support," he noted. "So as long as we continue to do great work here and worldwide, Tobyhanna will continue to play an integral part in military missions."

"I work on many depot award packages such as this and to see us get recognized in person was a great feeling," said Tammy Strausser, a visual information specialist in the Information Management Directorate. "What can I say about the Chinook ride? WOW! It's not every day you get to take a flight like that. The view over Washington D.C. was amazing. You can't get that from any car window."

Chandler noted that when he was a tanker, he was told that being a tanker is easy, logistics is hard. "I took that to heart," he said. "Being a logistician is rocket science. I really appreciate what you do, and I appreciate that you don't always get the accolades you deserve."

He added that what the organizations being honored have done over the last year is "miraculous," noting accomplishments that include moving thousands of tons of materiel in and out of Iraq locations.

"Your demonstration of excellence proves you can get it done," he said. "This year, nearly 100,000 pieces of equipment will be Reset, which in the long run will save us millions of dollars."

Last year marked the Armys largest logistics operation in six decades. "The herculean efforts of these units on a daily basis made it all possible," Stevenson said. "They are examples for the entire Nation of how far ingenuity, determination, teamwork and skill can take us."

Editor's Note: Parts of this article were taken from a Department of the Army news article.



The Chinook crew follows the Potomac River by Washington, D.C., on the way to the awards ceremony in Richmond, Va. (Photo by Brian